

**Cinco Ranch High School Band
Orlando, Florida
March 4-10, 2026**

Tuesday, February 24 – (Trip prep)

- 6:30 PM Chaperone only meeting (TBD)
7:00 PM Mandatory Parent and Student meeting (TBD)

Friday, February 20 - (Trip prep)

- 3:00-4:00 Mandatory Parade Practice

Thursday, February 26 – (Trip prep)

- 3:00-4:00 Mandatory Parade Practice

Monday March 2 – (Trip prep)

- 2:45 PM Load truck (Percussion, Sousaphone, Baritone, Mellophone, Bari Sax, Tenor Sax, Bass Clarinet)

Tuesday, March 3 – (Trip prep)

- 6:00-7:30 PM All student suitcases for the trip will be collected at this time.

- One “carry on size” suitcase packed and labeled clearly with your name and Bus #. If you forget to pack an item, we can get it to your suitcase the morning we leave.
- Garment Bag with Marching uniform

All student prescription medications for the trip will be collected at this time.

- Both prescription and non-prescription drugs must be in their **original container**. Prescription medications must be labeled by the pharmacist with appropriate dosing information. There will be no more than one medication per properly labeled container. *See attached form at the end of this packet*

Things to Remember for the Trip

- **Prepare for a busy trip:** Eat well, stay hydrated, and get plenty of sleep.
- **Communicate daily:** Check in with your parents each day with a quick text, thank them for their support, and stay in regular contact with your chaperones.
- **Bus restroom policy:** Use bus toilets only for emergencies. Do not dispose of trash—this helps keep the bus clean and odor-free.

Wednesday, March 4 – (School Day and Departure)

Maximum amount of luggage PER PERSON on this trip:

- A. One “carry on size” suitcase – packed and delivered to the band room **Tuesday Evening** – please do not bring a full “check in” size piece of luggage as space is limited.
- B. Marching instrument
- C. Garment bag for uniform
- D. One small briefcase-sized bag or backpack

WHAT TO WEAR: Any Cinco Ranch High School t-shirt that is maroon, comfortable shorts or pants, tennis shoes. (Remember the buses could be hot and/or cold)

7:15 AM SAT for Juniors

- 12:45 PM At the end of C lunch report to **PAC** and await instructions. Have your marching instrument, garment bag with marching uniform, luggage, and backpack. Leave school supplies/books, etc. in your LOCKED band locker. **GO TO THE BATHROOM ONE LAST TIME**
- 1:00 PM Load buses. Take your luggage, marching instrument, and backpack to the bus.

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Flutes, Clarinets, Altos, Trumpets will go in the bus, up top. All other instruments underneath bus in storage compartments

- 1:30 PM Buses leave for Orlando. Bring snacks/food on the bus. **All food must be peanut/tree nut free.**
- 5:30 PM Dinner Stop-Lafayette, LA. The next food stop is tomorrow morning in Orlando, FL. Whataburger - stopping at the Stirling Lafayette Shopping Center 3225 Louisiana Ave.
- GO TO THE BATHROOM
(MEDICATION DISBURSEMENT)**
- 10:00 PM Lights out on the bus. ALL electronic devices go dark and ALL talking stops until 6:00 AM PROOF OF LIFE – text your parents that you love them and good night.

Thursday, March 5 – (Universal Studios and Islands of Adventure)

WHAT TO WEAR: Any Cinco Ranch High School t-shirt that is maroon, comfortable shorts or pants, tennis shoes.

- 6:45 AM Wake-up
- TBD AM Breakfast stop (***MEDICATION DISBURSEMENT***)
Marion County Rest Area, I-75 Southbound. Mile marker 97
PROOF OF LIFE – text your parents good morning and that you love them
- TBD AM Arrive in Orlando and head straight to **Universal Studios and Islands of Adventure**
2 \$25 cards for Lunch and Dinner
- 2:00 PM PROOF OF LIFE - All students check in with chaperones – to be determined by chaperone
(***MEDICATION DISBURSEMENT***)
- TBD PM Meet with **chaperones** by globe to walk to buses
- TBD PM Load buses and depart for hotel
PROOF OF LIFE – text your parents about your awesome day and that you love them.
- TBD PM **Hotel check-in:** Room Captains will collect keys in the lobby while all others wait on the bus. Meet your Room Captain by the bus, then head to your room using the stairs. Take all belongings with you. Move quickly and quietly. Once inside, stay in your rooms, remain off balconies, and keep noise to a minimum—this is quiet time.
- Hotel info:* *SpringHill Suites by Marriott Orlando Lake Buena Vista South*
 4991 Calypso Cay Way
 Kissimmee, FL 34746
 407-997-1300
- TBD PM Medication disbursement in the lobby.
Proof of Life: Text your parents about your day.
Lights out. Set your alarms.
No food deliveries to the hotel or your room.

Friday, March 6 – (Universal's Epic Universe)

WHAT TO WEAR: **2026 Spring trip shirt**, comfortable shorts or pants, tennis shoes.

- 7:30 AM WAKE UP!
- 8:15 AM Breakfast at hotel (***MEDICATION DISBURSEMENT***) – in breakfast room from 8:15-8:30

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- 9:15 AM Load buses and depart for **EPIC UNIVERSE**
2 \$25 cards for Lunch and Dinner
- 2:00 PM PROOF OF LIFE - All students check in with chaperones – to be determined by chaperone
(MEDICATION DISBURSEMENT)
- TBD PM Exit Park – Head to buses
- TBD PM Load buses and depart for hotel
- TBD PM Arrive at hotel. **(MEDICATION DISBURSEMENT)** in the lobby.
Proof of Life: Text your parents about your day.
Lights out. Set your alarms.
No food deliveries to the hotel or your room.

Saturday, March 7 – (Disney's EPCOT and Parade Day)

WHAT TO WEAR: **2025 Show Shirt**, comfortable shorts or pants, tennis shoes.

- 6:00 AM Chaperones will wake everyone.
- 6:30 AM Breakfast at hotel **(MEDICATION DISBURSEMENT)** in breakfast room from 6:45-7:15
- 7:25 AM Load buses in FULL UNIFORM (black socks, shoes!)
Load Instrument under buses. Have your garment bag with a change of clothes, and anything else you need to get ready for the day.
- 7:35 AM Buses depart for park
- 7:55 AM Drop off chaperones not involved with the Parade
- 8:05 AM Arrive EPCOT Disney Imagination Campus
- 9:25 AM Parade steps off
The parade will step off between the England and Canada Pavilions and turn LEFT, marching around the World Showcase, finishing between the Italy and America Pavilions.
See attached map at the end of packet
- 10:00 AM Parade ends. Change out of Uniform
Check in with chaperones in front of the American Adventure Theatre.
(MEDICATION DISBURSEMENT)
2 meal coupons (Lunch and Dinner)
- 9:00 PM Meet Chaperone to watch ***Luminous, The Symphony of Us*** show – TBD by chaperone
- 9:30 PM Return to buses with chaperone
- 10:30 PM Arrive at hotel. **(MEDICATION DISBURSEMENT)** in the lobby.
Proof of Life: Text your parents about your day.
Lights out. Set your alarms.
No food deliveries to the hotel or your room.

Sunday, March 8 – (Disney's MAGIC KINGDOM)

WHAT TO WEAR: Any Cinco Ranch High School t-shirt that is maroon, comfortable shorts or pants, tennis shoes.

- 7:00 AM Chaperones wake ALL students.
- 7:30 AM Breakfast at hotel **(MEDICATION DISBURSEMENT)** – breakfast room from 7:45-8:00

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8:15 AM	Load buses and depart for park <i>2 meal coupons (Lunch and Dinner)</i>
9:00 AM	Magic Kingdom opens We will all take the ferry to the park entrance
2:00 PM	PROOF OF LIFE - All students check in with chaperones – to be determined by chaperone (MEDICATION DISBURSEMENT)
9:00 PM	<i>Disney Enchantment</i> fireworks spectacular (optional)
9:30 PM	Meet chaperones at park exit and head to buses
10:00 PM	Load buses to return to hotel
10:30 PM	Arrive at hotel. (MEDICATION DISBURSEMENT) in the lobby. Proof of Life: Text your parents about your day. Lights out. Set your alarms. No food deliveries to the hotel or your room.

Monday, March 9 – (Disney's Hollywood Studios)

WHAT TO WEAR: Any Cinco Ranch High School t-shirt that is maroon, comfortable shorts or pants, tennis shoes.

6:45 AM	Chaperones will wake everyone. Pack and clean room.
7:15 AM	Breakfast at hotel (MEDICATION DISBURSEMENT) – in breakfast room from 7:00-7:15
8:00 AM	Load luggage and instruments on the bus and turn in room keys to chaperone.
8:30 AM	Load buses and depart for park <i>2 meal coupons (Lunch and Dinner)</i>
2:00 PM	PROOF OF LIFE - All students check in with chaperones – to be determined by chaperone (MEDICATION DISBURSEMENT)
8:30 PM	Meet chaperones to watch <i>Fantasmic</i>
9:00 PM	Exit Park with chaperones – Head to buses If you are checking out your students, meet us at the buses and sign out with the lead chaperone. Use the form at the end of this packet
9:30 PM	Load buses and depart for Texas with stops and driver change as needed (MEDICATION DISBURSEMENT) PROOF OF LIFE – text your parents about your awesome day and that you love them. Lights out on the bus. ALL electronic devices go dark and ALL talking stops until 6:00 AM.

Tuesday, March 10 (Return trip)

TBD AM	Breakfast (MEDICATION DISBURSEMENT) PROOF OF LIFE – text your parents good morning
TBD PM	Lunch (MEDICATION DISBURSEMENT) Whataburger - stopping at the Stirling Lafayette Shopping Center 3225 Louisiana Ave. PROOF OF LIFE – text your parents our ETA
TBD PM	Home

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 **Student Survival Guide for a 19-Hour Bus Ride**

1. Claim Your Comfort Early

Bring the “Big Three”:

- Neck pillow (the memory foam kind is worth it)
- Small blanket or hoodie
- Eye mask + earplugs or noise-canceling headphones

Temperature and light change constantly on buses — be ready.

2. Pack a “Go Bag” You Can Reach

You don’t want to dig through the overhead compartment on a moving bus.

Keep this in your seat bag:

- Snacks that don’t melt or crumble (nuts, jerky, granola bars)
 - Refillable water bottle
 - Travel-size toiletries (toothbrush, wipes, **deodorant!!**)
 - Portable charger + cables (there is no guarantee that the bus will have plugs)
 - Hand sanitizer
 - Shirt to change into at breakfast stop
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3. Manage Your Body

Hydrate—but strategically

Sip throughout the trip, but avoid chugging to reduce restroom runs.

Stretch every few hours

When the bus stops:

- Walk around
 - Roll your shoulders
 - Stretch calves/hamstrings
 - Do ankle rotations (prevents swelling)
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4. Entertainment Rotation Strategy

Nineteen hours is too long to rely on just one thing.

Load up before you leave:

- Offline movies/shows (no R rated, even for yourself!)
- Music playlists
- Podcasts
- A book or Kindle
- A couple of games that work offline
- Something low-effort for when you’re tired (like puzzles or casual games)

Switch activities every 1–2 hours so you don’t burn out.

5. Eat Smart

Avoid foods that are:

- Super salty
- Greasy
- Likely to upset your stomach

Aim for snacks that keep you full and stable:

- Protein bars
- Fresh fruit

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- Crackers
- **All food must be peanut/tree nut free**

Bus-stop food is off limits. We do not have time for 224 students to make purchases!

6. Dress in Layers

Bus AC is either set to **Antarctica** or **Tropical Jungle**. Never in-between.

Wear:

- Comfy pants (athletic or joggers)
- T-shirt
- Hoodie/zip-up
- Socks you don't mind sleeping in

7. Prepare for Sleep

Even a couple good hours helps a ton.

Tips:

- Put pillow *between your shoulder and window* — more stable
- Recline *slightly* (don't be that person who goes full horizontal)
- Put on white noise or a quiet playlist
- Avoid caffeine after the first few hours

8. Mental Prep: Set Expectations

Long bus rides are tiring even when everything goes right.

Think of it as:

- A travel day, not a productive day
- A slow adventure
- Forced downtime (in a good way)

The right mindset helps a lot.

Bonus: Things You'll Be Glad You Brought

- A garbage-bag or plastic bag for your own trash
- Tissues
- A pen
- Backup headphones (trust me)

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HOW MUCH MONEY SHOULD I BRING?

• Required Purchases:

None. Transportation, hotel, tickets, and meals included.

• Optional Purchases:

Amount varies based on family/personal preference. You may want to bring extra money for:

- Souvenirs
- Additional snacks or drinks
- Games or activities at Universal and Disney Parks

WHAT TO PACK

• Electronics & Entertainment

- Cell phone and charger (required)
- Portable electronic devices and chargers (leave gaming systems at home)
- Headphones
- Optional: G or PG-rated DVDs for bus trip (bus may/may not have a DVD player)

• Clothing & Uniforms

- 2025 Grey Show Shirt
- 2026 Spring Trip Shirt
- 3-4 maroon CRHS t-shirts
- Comfortable clothes and shoes (check weather!)

• Personal Essentials

- Toiletries, make-up, shave kit, etc. (keep some in backpack for bus ride; like deodorant, travel toothbrush, and a fresh shirt)
- Snacks for late-night munchies and bus rides

• Instrument & Accessories

- Marching instrument (percussion bring sticks)
- Marching socks and shoes
- Garment bag with marching uniform (Maroon Top)

What to Wear Each Day

Wednesday:

Any Cinco Ranch High School Shirt that is maroon, comfortable shorts or pants, tennis shoes. (Remember the buses could be hot and/or cold)

Thursday:

Any Cinco Ranch High School Shirt that is maroon, comfortable shorts or pants, tennis shoes.

Friday:

2026 Spring trip shirt, comfortable shorts or pants, tennis shoes.

Saturday (Parade Day):

2025 Show Shirt, comfortable shorts or pants, tennis shoes.

Sunday:

Any Cinco Ranch High School Shirt that is maroon, comfortable shorts or pants, tennis shoes

Monday:

Any Cinco Ranch High School t-shirt that is maroon, comfortable shorts or pants, tennis shoes. (Remember the buses could be hot and/or cold)

**Cinco Ranch High School Band
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General Trip Guidelines**

Luggage & Packing

- Label all luggage and instrument cases with your name, address, and phone number.
- Each person is allowed **one suitcase and one backpack only**.
- Make your luggage easily identifiable—especially since most bags are black.

Schedule & Punctuality

- Keep a copy of the itinerary with you at all times.
- Be punctual—wear a watch and plan ahead so the group never waits for you.

Safety & Security

- Stay alert with money and valuables; never leave belongings unattended.
- Always remain with at least **two other band members**—never go off alone.
- Handle merchandise honestly; shoplifting or suspicious behavior can lead to serious consequences.

Conduct & Representation

- Represent the Cinco Ranch Band with professionalism and courtesy at all times.
- Follow instructions from directors, chaperones, and supervising adults promptly and cheerfully.
- Public displays of affection are prohibited. Violations may result in disciplinary action.

Hotel Rules

- Only assigned students may enter a room.
- Keep rooms neat and clean; any damage is the student's responsibility.
- Pay-per-view items (movies, games, room service, outside deliveries) are off-limits.
- Chaperones may inspect rooms at any time.
- Curfew will be strictly enforced; doors will be taped. Leaving your room after curfew or being late may result in loss of privileges or being sent home.
- Remain courteous to other guests and keep noise to a minimum.
- Do not congregate in hallways.
- **Hotel pool is off-limits**—there is no time scheduled for swimming.

Health & Wellness

- If sick in a park, find the nearest first aid station and contact your chaperone.
- Report illness or injury immediately to a chaperone.
 - Let chaperones handle the next steps – don't wander, don't try to tough it out.
- Prescription medications must be kept with directors and taken at scheduled times.
- Get adequate sleep so you are ready for daily activities.

Legal & Ethical Behavior

- Use appropriate language at all times. You are representing CINCO RANCH every moment you wear that shirt—make sure your words reflect that.
- Follow all park and hotel rules without exception.
- Violations of local, state, or federal laws will result in removal from the trip and referral to campus administration.

**Cinco Ranch High School Band
Orlando, Florida
March 4-10, 2026
Trip Behavior Contract**

Due: February 27, 2026

Parent AND Band Member must initial each entry:

Parent | Student

| I will follow all KISD and CRHS Band policies, including the Dress Code, Discipline Management Plan, Student Code of Conduct, and Spring Trip Itinerary.

| I will represent myself and the Cinco Ranch Band with professionalism, courtesy, and respect at all times.

| I will follow all instructions from directors, chaperones, and supervising adults promptly and cheerfully.

| I understand this trip is an earned privilege. Poor judgment, repeated minor violations, or any major infraction—including breaking laws—may result in immediate removal from the trip and/or band program, with all return costs paid by my parents.

| I will not have my cell phone during any band performance.

| Public displays of affection are prohibited. Violations may result in loss of privileges and referral to campus administration.

Hotel Guidelines

| I agree to the following hotel guidelines:

- Only assigned students may enter a room.
- Keep rooms neat; any damage is the student's responsibility.
- Pay-per-view items (movies, games, room service, outside deliveries) are off-limits.
- Chaperones may inspect rooms at any time.
- Curfew will be enforced; doors will be taped. Leaving your room after curfew or being late may result in loss of privileges or being sent home.
- Remain courteous to other guests and keep noise to a minimum.
- Call a chaperone or director in case of emergency.

| I will follow the itinerary, wear the correct uniform, check in at specified times, and always stay in a group of at least three band members.

| I will get adequate sleep and complete all school make-up work promptly.

| I understand that possession or use of tobacco, alcohol, drugs, chemicals, inhalants, or intoxicating substances is strictly prohibited. Being present where these substances are used without reporting it will be treated as possession.

| Violating any rules may result in permanent removal from the band program. If I am sent home for any reason, my parents will pay the full cost of my return trip to Katy.

I have initialed all guidelines and agree to abide by them as a Cinco Ranch Band Member.

Student Name (Print): _____

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____

For Parents Traveling to Orlando Who Are Not Chaperones

I understand my child must always remain with the CRHS Band group. While I may attend events if space allows, I may not remove my child from the group. I agree to follow these guidelines and any additional instructions from directors or administrators.

Parent Signature: _____ Date: _____

**Cinco Ranch High School Band
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Katy Independent School District**

Student Medication Administration During Off Campus Activities

In accordance with State law and Katy ISD Board Policy and Administrative Regulations, medication may be dispensed to a student by trained school personnel. Both prescription and non-prescription drugs must be in their original container. Prescription medications must be labeled by the pharmacist with appropriate dosing information. There will be no more than one medication per properly labeled container. Additional paperwork may be required for certain medications required to treat diabetes, asthma and/or anaphylactic reactions. **Failure by the student to follow administrative guidelines regarding medications may result in disciplinary consequences.**

Student Name	Date of Birth		
Parent/Guardian Name			
Address			
Phone (Home)	Work	Cell	Other

Medication(s) to Administer		
Name of Medication #1	Dose	Time to be given
Reason for Administration (optional)		
Name of Medication #2	Dose	Time to be given
Reason for Administration (optional)		
Name of Medication #3	Dose	Time to be given
Reason for Administration (optional)		

I, _____, hereby give KISD School Personnel permission to administer the above medication/s to my child, named above, for the Band Spring Trip (activity) from 3/4/26 to 3/10/26.

Parent Signature	Date
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District Use Only			
Initials	Authorized KISD Employee (please print)	Initials	Authorized KISD Employee (please print)
RHJ	Ray Jones	AAR	Alex Russell
DR	Danny Rivera	SEC	Samantha Cockerham
BAS	Brian Stevens		

Medication #1			Medication #2			Medication #3		
Date	Time	Initial	Date	Time	Initial	Date	Time	Initial

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THIS LIST IS OUTDATED! Here are the participating Universal dining locations.

You will receive 4 \$25 meal cards for lunch and Dinner

Universal Studios Florida

- Leaky Cauldron
- London Taxi Hut
- Mel's Drive-In
- Beverly Hills Boulangerie
- Monsters Cafe
- Louie's Italian Restaurant
- KidZone Pizza Company
- Richter's Burger Co.
- San Francisco Pastry Shop
- Fast Food Boulevard

Universal's Islands of Adventure

- Croissant Moon Bakery
- Cafe 4
- Captain America Diner
- Comic Strip Cafe
- Blondie's
- Wimpy's
- The Burger Digs
- Pizza Predattoria
- Thunder Falls Terrace
- Three Broomsticks
- Fire-Eater's Grill
- Circus McGurkus Café Stoo-pendous
- Green Eggs & Ham™ Cafe

Universal CityWalk™ (Limited menu options at participating locations.)

- Hot Dog Hall of Fame
- Bread Box Handcrafted Sandwiches
- Hard Rock Cafe® Orlando
- Jimmy Buffett's® Margaritaville
- Bubba Gump Shrimp Co. Restaurant & Market

Universal's Epic Universe

- Cafe L'air De La Sirene
- Le Gobelet Noir
- Toadstool Cafe
- The Bubbly Barrel
- Yoshi's Snack Island
- Turdo Boost treats
- Mead Hall
- Spit Fyre Grill
- Hooligan's Grog and Gruel
- Das Stakehaus
- The Burning Blade Tavern
- De Lacey's Cottage
- Atlantic
- The Blue Dragon Pan Asian Restaurant
- The Oak & Star Tavern
- Pizza Moon

THIS LIST IS OUTDATED! Here are the participating Disney dining locations.

You will receive Two (2) Disney meal coupons per Disney Park

Epcot®

- Connections Eatery
- Katsura Grill (Japan)
- La Cantina de San Angel (Mexico)
- La Creperie de Paris (France)
- Les Halles Boulangerie Patisserie (France)
- Lotus Blossom Café (China)
- Regal Eagle Smokehouse
- Sommerfest (Germany)
- Sunshine Seasons Yorkshire County Fish Shop (United Kingdom)*

Magic Kingdom®

- Casey's Corner*
- Columbia Harbour House
- Cosmic Ray's Starlight Café
- Golden Oak Outpost
- Pecos Bill Tall Tale Inn and Café
- Pinocchio Village Haus
- Sleepy Hollow*
- The Lunching Pad

Disney's Hollywood Studios®

- Backlot Express
- Catalina Eddie's
- Fairfax Fare
- Ronto Roasters*
- Rosie's All-American Café
- Woody's Lunch Box*

Restaurants followed by * do not offer a dessert option. Some restaurants only offer dessert seasonally and may not have a dessert option on the day of certificate use. Please review the restaurant's menu prior to ordering.

*Menu items are subject to change without notice. Select menu at participating locations. Must be redeemed at time of order and valid for one time use only. No copies or reproductions will be accepted. Not legal tender. Not redeemable for cash on-refundable. Cannot be applied to the purchase of an alternate entrée. Gratuity included, no change will be given. May not be used with any other certificates, coupons, offers or upgrades. Not redeemable for souvenir items or at food carts. Not valid for separately ticketed events.

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Katy Independent School District
Request for Post-Activity Student Release

Student's Last Name	First Name	Middle Name	Grade Level
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As the parent/guardian of the above-named student, I understand that all students are required to ride to and from school-sponsored activities in District-provided transportation according to Board Policy FMG. An exception may be granted for a student to be released to the custody of his/her parent at the completion of the activity if a written request is received and approved prior to the trip.

Organization	Destination	Date of Trip
Reason for Request		

I understand that, if approval is granted, my child will only be released to me if I am present at the completion of the activity, otherwise he/she will be expected to ride on the District-provided transportation.

Parent/Guardian's Printed Name	Telephone Number
Parent/Guardian's Signature	Date

FOR SCHOOL USE ONLY		
<input type="checkbox"/> Approved <input type="checkbox"/> Denied	Signature of Sponsor	Date
<input type="checkbox"/> Approved <input type="checkbox"/> Denied	Signature of Principal or Designee	Date

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Disney IMAGINATION CAMPUS

