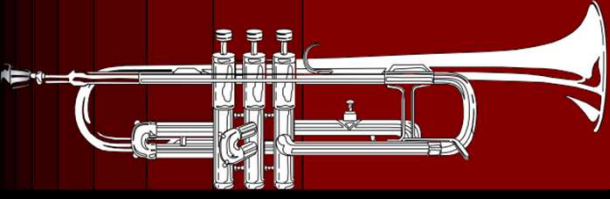


THE CRHS HORN



A NEWSLETTER FROM
THE DIRECTORS OF THE CINCO RANCH COUGAR BAND

VOLUME 1

JULY 15, 2024

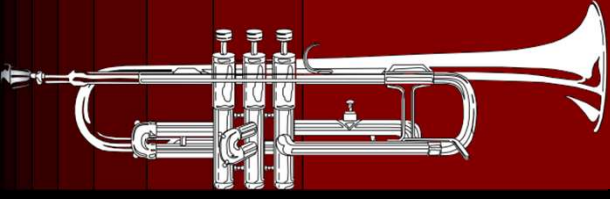
Summer Band is here!

Summer Band is coming up in just over a week. Now is the time to get reacquainted with your instrument to make sure it is in proper working order. Start to do some simple breathing exercises each day while focusing on relaxation and efficiency. Move from those into some fundamental work to recapture your sound. Focus on getting good starts with instant vibration and your best sound. Here is an extra challenge for you: Play the Clarke Study #2 in the keys of Concert F, Bb and Eb, and see how many different articulation patterns/combinations you can come up with. We'll show these off at Band Camp!

Nutrition, hydration, and acclimation are very important over the next two weeks. Get up, get outside, and get moving! July 22nd, we start with a 2-hour block outside. If you have not prepared it will be a shock to your system. Start eating breakfast and go a walk or bike ride, anything physical and out of the house. Eat three meals a day. Remember to eat your fruits and Veggies, try to avoid high sugar content and fried foods. **HYDRATE!** Start drinking more water throughout the day. If you do even a little of this you will have a better first week of summer band.

Find your summer band stuff: water jug- ½ gallon minimum (PLEASE clean out your water jug with hot water and dish soap!), sunscreen (Check that expiration date!) sunglasses, hat, Instrument (got reeds or valve oil?), music binder, pencils, and wire music stand.

THE CRHS HORN



A NEWSLETTER FROM
THE DIRECTORS OF THE CINCO RANCH COUGAR BAND

VOLUME 1

JULY 15, 2024

Week of July 15th

**Please note this schedule is subject to change*

July 15-18, 9:00a – 5:00p Percussion Camp (Mandatory for all Battery and Front Ensemble grades 9-12)

July 15-18, SLT Workdays 9:00a – 4:00p (This is our leadership team)

July 15-18, CBC Workday 9:00a-4:00p (This is our social officer council)

July 19 Band Hall Closed

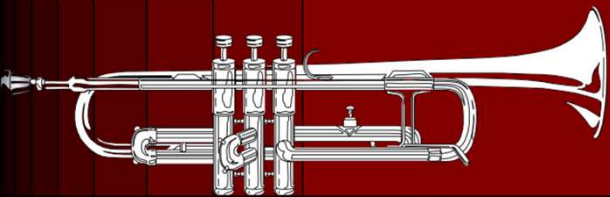
Week of July 22nd

July 22-26, 7:00a – 4:00p Summer Band Rehearsal (Lunch 11-12 on your own, either bring with you or go off campus)

Medical forms due on or before July 22.

- ***Physical Form*** (Students cannot participate without this form!)
 - 9th grade, 11th grade, and new students to CRHS are required to have the [**Physical Examination and Medical History Form \(both pages\)**](#) on file. Physicals completed before May 1, 2024, will not be accepted.
 - 10th and 12th grade students are required to have the [**Medical History Form \(first page only\)**](#) on file.
 - Email or bring a copy of the Physical Examination form and/or Medical History form to Mr. Jone by July 22.
- [**Consent to Travel and Treat**](#) *(click link)*
 - All students 9-12 grade
- [**Marching Band Acknowledgement**](#) *(click link)*
 - All students 9-12 grade

THE CRHS HORN



A NEWSLETTER FROM
THE DIRECTORS OF THE CINCO RANCH COUGAR BAND

VOLUME 1

JULY 15, 2024

2024 show music – When Life Gives You Lemons.

- **All Woodwind and all Brass Grades 9-12:**
 - Print off the show music, articulation drill sheet, major scale sheet, and warm-up book prior to July 22nd.
<https://cincoranchcougarband.com/download-music/>
 - Check back later this week as more of our show music will be uploaded.
 - password: CRHS2024
- **All Percussion:**
 - <https://cincoranchcougarband.com/download-music/>
 - password: CRHS2024

Director Contact Information:

Ray Jones: rayhjones@katyisd.org

Brian Stevens: TBD

Danny Rivera: danielrivera@katyisd.org

Alex Russell: AlexandraARussell@katyisd.org

Samantha Cockerham: SamanthaEShilk-Cockerham@katyisd.org